



BESTOW UNIVERSITY

KNOWLEDGE IS
BEAUTIFUL

Bestow Collagen Boost powder is a dietary collagen supplement also containing vitamin C and zinc.

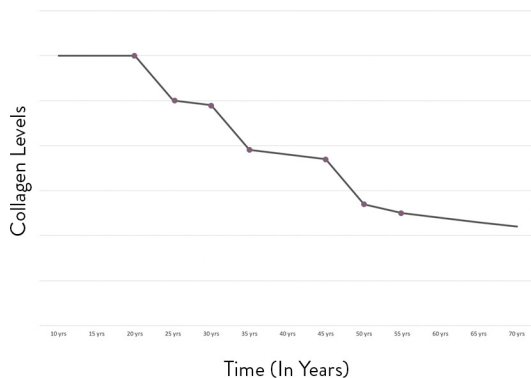
REVERSES VISIBLE SIGNS OF AGEING BY:

- Boosting collagen production
- Improving elasticity
- Increasing hydration
- Softening wrinkles
- Promoting firmer, younger looking skin.

Bonus Benefits: promotes healthy hair, strong nails and gut health.

HOW DOES COLLAGEN AFFECT AGEING?

- Collagen is an important anti-ageing structure in our skin.
- Declining collagen results in wrinkles and sagging skin.
- Collagen levels begin declining in mid 20's, drop sharply at 30 and at menopause.
- We cannot stop collagen decline, but we can slow it down.



HOW DOES BESTOW COLLAGEN BOOST SUPPORT ANTI-AGEING?

- Contains pharmaceutical-grade collagen peptides from freshwater fish.
- Skin receives pre-formed collagen building-blocks to boost production.
- Contains vitamin C and zinc, essential nutrients for collagen production.
- Most people are deficient in zinc. Each serve of Bestow Collagen Boost contains 6mgs of zinc. (75% of recommended daily intake.)

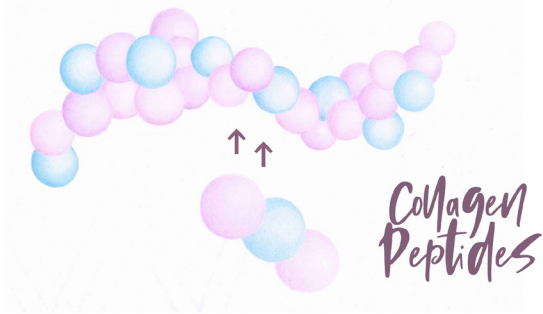
WHY DO WE NEED TO SUPPLEMENT COLLAGEN?

- Collagen is a protein made from various nutrients and amino acids.
- We rely on diet to provide the nutrient building blocks for collagen.

BESTOW COLLAGEN BOOST

Stimulates collagen production to promote younger looking skin.

- Modern diets are low in these building blocks, so our bodies can't make enough collagen.
- Collagen peptides are short-chains of amino acids that make up collagen strands.
- It is easier for body to produce collagen from collagen peptides that to start from scratch with individual nutrients.
- Bestow Collagen Boost provides collagen peptides to boost collagen production.



FURTHER ANTI-AGEING BENEFITS OF COLLAGEN PEPTIDES

Collagen peptides:

- Bind to receptors in fibroblast skin cells, stimulating production of elastin and hyaluronic acid to promote firm, plump skin.
- Inhibit enzymes that break down collagen fibres.

WHERE DO WE SOURCE OUR COLLAGEN FROM?

- Typically sourced from beef, pork or saltwater fish.
- Bestow uses a single species of freshwater fish, sustainably farmed in tropical waters.

THE ADVANTAGES OF FRESHWATER FISH COLLAGEN

- A sustainable, renewable source of collagen.
- More easily absorbed than beef and pork collagen.
- Free of heavy-metals and contaminants often found in salt water fish
- Has a collagen profile closely aligned with collagen found in our skin.

HOW TO USE BESTOW COLLAGEN BOOST

- Take one tablespoon daily.
- Add to a Bestow smoothie with other Bestow products. Or, simply mix into water.

WHO IS IT SUITABLE FOR?

Bestow Collagen Boost is beneficial for people 25 years and over.